



Tennessee
KNOX AREA

PRESENTS THE “KNOX AREA FALL SYMPOSIUM ”

“BEYOND STRAIGHT TEETH”

“UNDERSTANDING GROWTH, DEVELOPMENT & AIRWAY”

6.5 CEU CREDITS

FRIDAY, SEPTEMBER 11, 2026

Knox County Association of Baptist Center

DR. KYLA SWEARINGEN, DDS, MDS

**Swearingen Orthodontics, Knoxville, TN
Hardin Valley Location**



MS. BETHANY ROTH, RDH,

**ORAL MYOLOGY SPECIALIST,
FOUNDER OF ELEVATE AIRWAY**



REGISTRATION DEADLINE SEPTEMBER 5, 2026- limited attendance

CE Date: Friday, September 11, 2026

Location: Knox Area Association of Baptist Center

7709 Westland Dr. Knoxville, TN 37919

PROGRAM CONTENT

6.5 HOURS CEU

Morning Session with Dr. Kyla Swearingen

- Examine current literature surrounding airway-focused orthodontic treatment and early intervention.
- Review the relationship between craniofacial growth, airway development, and orthodontics.
- Identify signs of mouth breathing, sleep-disordered breathing, and altered oral function in growing patients.
- Discuss how tongue posture, arch form, and facial development influence occlusion and airway health.
- Review the role of CBCT imaging and digital technology in diagnosis and treatment planning.
- Exploring timing and treatment approaches for orthopedic expansion and growth modifications.
- Present clinical cases that demonstrate changes in transverse development, facial growth, and airway measurements following treatment.
- Discuss growth-guided orthodontic philosophy that looks beyond straight teeth to long-term health, function, and stability.

SPECIAL LUNCH GUEST: MS. ALICIA AZIMIPOUR, TNDHA PRESIDENT

Afternoon Session with Ms. Bethany Roth, RDH

- Airway Health for the Dental Hygienist
- The role of Myofunction Therapy in Modern Dentistry
- Identifying Airway Dysfunction during hygiene appointments
- Airway “Red Flags”
- Oral Habits and Craniofacial development
- Tongue-Ties: Recognition and Referral pathways
- Collaborative care between Hygienists, Orthodontists, and Myofunctional Therapists
- Hands-On Airway screening techniques for the Dental Team

Registration Deadline- SEPTEMBER 5, 2026

Knox Area FALL CE

**DR. KYLA SWEARINGEN &
MS. BETHANY ROTH**

6.5 CEU's

***(LIMITED ATTENDANCE) ***

DATE

FRIDAY, SEPTEMBER 11, 2026

LOCATION

**Knox County Association of Baptists
Center
7709 Westland Dr, Knoxville, TN
37919**

AGENDA

**REGISTRATION: 7:15AM-8:00AM
(Continental breakfast)**

**CONTINUING EDUCATION SESSION:
8:00AM-3:00PM**

CANCELLATION POLICY

**Attendee must notify,
Kelly Gross by September 5, 2026
There will be a \$25.00 administration fee
for all cancellations.
No refunds after September 5, 2026**

**Contact information,
Kelly Gross at kgrossrdh@yahoo.com**

REGISTRATION FORM

Please print clearly.

Name _____

Address _____

Cell Phone _____

Email _____

One registration form per attendee

Make copies as needed.

REGISTRATIONS MUST BE RECEIVED BY 9/5/2026.

Circle one

RDH TNDHA member	\$80
RDH non-member	\$90
RDA/CDA/ADMIN STAFF	\$90
DDS/DMD	\$90
RDH STUDENTS	\$15

Mail or email registration form to:

Kelly Gross

1110 Vale View Rd.

Knoxville, TN 37922

Make checks payable to KADHA.

Email: kgrossrdh@yahoo.com

Credit card information-info will be shredded

Acct # _____

Exp date: _____ CVV: _____

Billing Zip code: _____

Name on card

ABOUT OUR SPEAKERS

DR. KYLA SWEARINGEN, DDS, MDS

Dr. Swearingen, owner of Swearingen Orthodontics in Knoxville, TN, is a board-certified Orthodontist. She earned a Master of Science in Exercise Physiology from West Virginia University School of Medicine in 2015. In 2020, she graduated from the West Virginia University School of Dentistry before continuing her specialty training at the University of Tennessee College of Dentistry, where she earned a Master of Dental Science (MDS) in Orthodontics in 2023.

Throughout her career, Dr. Swearingen has demonstrated excellence in leadership, volunteer service, and teaching. She has received numerous honors and awards, most recently the Stacy A. Garner Research Award in recognition of her research contributions advancing the dental profession.

Contact information: Swearingen Orthodontics

10238 Hardin Valley RD.
Knoxville, TN 37932
(865) 450-8484

MS. BETHANY ROTH, RDH

Bethany Roth, RDH is a Registered Dental Hygienist and Myofunctional Therapist specializing in airway health, oral function, sleep-disordered breathing, and interdisciplinary patient care. Since completing advanced training in Orofacial Myology in 2020, she has dedicated her career to helping children and adults improve breathing, sleep quality, oral function, and overall wellness through evidence-based myofunctional therapy.

As founder of Elevate Airway, Bethany collaborates closely with healthcare providers across multiple disciplines to identify and address the root causes of airway dysfunctions, including oral rest posture, tongue-tie rehabilitation, habit elimination, breathing retraining, and interdisciplinary care coordination. Inspired by her own family's experiences, she is passionate about education, early intervention, and patient advocacy, empowering patients to achieve healthier lives through comprehensive, collaborative care.

Contact information: Elevate Airway

info@elevate-airway.com

865-324-5898